Phi Lambda Sigma honors society hosts “Go Red for Women” awareness event

In an effort to educate fellow students, faculty and staff of the risk of heart disease in women, members of the ISU College of Pharmacy’s Phi Lambda Sigma honors society recently presented the “Go Red for Women” informational lunch where video testimonies and expert health care advice dealt with the subject.

According to the American Heart Association, too few people realize the serious threat heart disease poses to women. In fact, heart disease is the number one killer of women.

Men and women have about the same adjusted in-hospital death rate for heart attack — but women are more likely to die if hospitalized for a more severe type of heart attack. Among patients with ST elevation myocardial infarction (STEMI) in a recent study, the death rate was 10.2 for women compared to 5.5 for men. Researchers say these women are older and have a higher overall baseline risk profiles than men. After adjustment for these and other differences, women with STEMI had a 12 percent higher relative risk for in-hospital death compared to men.

Phi Lambda Sigma members, in conjunction with the American Heart Association’s national Go Red for Women campaign, encouraged women to visit their health care provider for a check up on:
- Total cholesterol
- LDL (bad) cholesterol
- HDL (good) cholesterol
- Triglycerides
- Blood pressure
- Fasting glucose

More information on the Go Red for Women campaign is available at goredforwomen.org.

Phi Lambda Sigma is a national pharmacy leadership society. The organization recognizes student leaders with the College of Pharmacy and encourages the development of leadership skills. Phi Lambda Sigma provides an opportunity for students and faculty to come together to learn from one another.
Distinguished fellowship takes Deans to New Zealand for sabbatical, lectures

Dan Dean, director of development, will be taking an extended leave to join his wife, Dr. Kathy Lund Dean, on her sabbatical fellowship with the University of Canterbury, Christchurch, New Zealand. Kathy is an associate professor with the ISU College of Business. The couple, along with their two sons, Harrison and Cooper, will be in New Zealand for approximately two months during February and March.

The Erskine Fellow honors the memory and legacy of distinguished Canterbury alumnus, Dr. John Angus Erskine (1872-1960). Since 1963, the Erskine Fellowship has provided an opportunity for distinguished international scholars to join the faculty at Canterbury for student lectures and to collaborate in research with faculty.

Kathy will also lecture at the University of Auckland, Bond University in Robina, Queensland, Australia and the University of Wollongong, New South Wales, Australia.

“Both Dan and Kathy are valuable members of the ISU community and advocates for all ISU students,” Dean Joseph Steiner said. “This distinguished fellowship is one example of Kathy’s excellence in her field and we are pleased to be able to give Dan the opportunity to join her.”

Dan says he will still be in contact with the College during his time in New Zealand and alumni may contact him at dan.dean@pharmacy.isu.edu or his colleague, Andrew Gauss, director of college relations at andrew@pharmacy.isu.edu or 208-282-3393.